

HIKING & MOUNTAIN CLIMBING

Mount Washington 3600-4288 feet of vertical climbing spread over 8-10 miles (depending on your trail head) takes you to the summit at 6288 feet. On clear days Mount Washington is noted for its incredible long-range views which include parts of Canada, the Atlantic Ocean, Boston, and the Adirondacks of New York (and intervening Green Mountains). Like all the White Mountain Peaks over 5000 feet, it has an ecologically rare and fragile Alpine meadow which is a holdover from the last glaciation. Also noted for the worst weather in the world.

Bald Mountain and Artists' Bluff Two miles with a vertical rise of 400 feet. Moderate difficulty. Accesses Echo Lake beach. Views and a close up view of Franconia Notch. Five miles away.

Mount Lafayette 3550 feet vertical feet over 5-8 miles takes you to the 5249 foot summit with its own Alpine Meadow. The Appalachian Trail crosses the summit. This is probably the most dramatic mountain seen from our dining room. Like all the 5000 footers, it is notorious for making its own weather. Nearest trailhead is 5 miles distant. Bridal Veil Falls. 3.5 miles, 1000 foot elevation change. A nice walk for a hot afternoon. Trailhead is just down the hill in Franconia, 1-2 miles.

Mount Liberty, Mount Flume 8 miles, 3000 feet elevation change. A difficult and steep trail that rewards hikers with spectacular and dramatic views to the west (Franconia Notch) and to the north (the barren Franconia Ridge). Plan on a full day.

The Basin and Cascade Brook Three miles, 500 feet of vertical. A classic Notch favorite, it's a large pothole carved into granite by boulders carried downstream by the Pemigewassett River. Moderate difficulty. Great swimming in the "Pemi" and Cascade Brook. 3.5 miles distant.

Mount Pemigewassett 3.6 miles round trip with a 1,170 foot elevation change finishing at the top of Indian Head Profile (which you can't see because you're on top of it) on the summit of Mount Pemigewassett. There may be a large number of ravens as well as notable views up and down the Notch. Within 10 miles of the inn.

Arethusa Falls Trail Livermore, 40 minutes away. The state's highest falls at 200 feet. Three miles, a thousand foot gain. Easy to moderate.

Appalachian Trail It's only a few miles from the inn and if you soles will support it, will take you all the way to Georgia. Thousands of vertical feet over some of the best terrain along the entire Eastern Seaboard. Takes a whole season to hike from one end to the other.

Coppermine Trail Five miles, 1400 foot elevation change ending at Bridal Veil Falls. Moderate difficulty. Trailhead is about 10 minutes away in Franconia.

Falling Waters Trail 6.4 miles, 2800 feet to summit of Little Haystack Mountain. Difficult. Trailhead about 10-15 minutes away in Franconia Notch State Park.

Georgiana Falls Path 2.5 miles, 750 feet elevation change. Moderate difficulty. Cascades at Georgiana and Harvard Falls. Begins in Franconia Notch State Park, 10-15 minutes away.

Greenleaf Trail 7.6 miles, 2100 foot rise to the top of Mount Lafayette. Moderate difficulty. Starts in Franconia about 10 minutes away.

Lonesome Lake Trail 3.3 miles rising a 1000 feet to finish at Lonesome Lake. Moderate difficulty.

Skookumchuck Trail 10 miles beginning in Franconia 10 minutes away with a 3360 rise to the summit of Mount Lafayette. Moderate difficulty.

